

Choosing a Stairlift for Your Parents: Where to Start

By [DirectHome Team](#)

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5 min read

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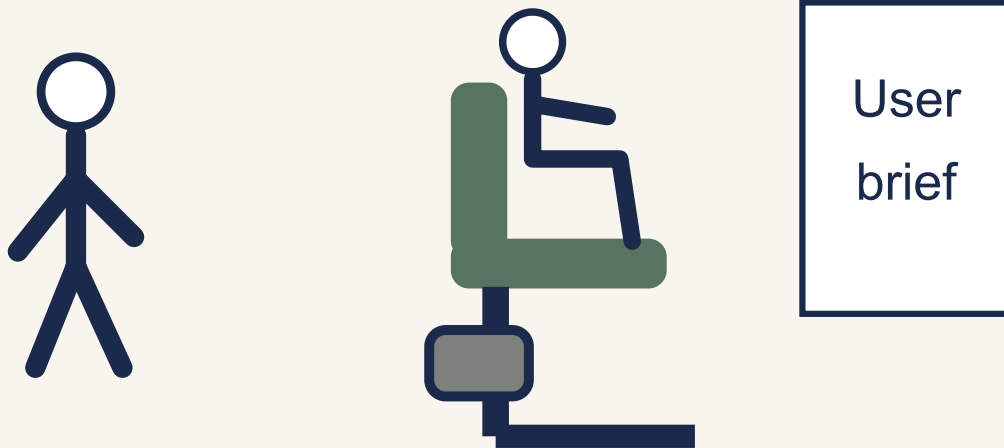
If stairs are becoming difficult for your parents, involve them in choosing how to make upstairs easier to reach. A stairlift needs to feel comfortable and manageable to the person using it, not just fit the staircase. Begin with their routines, preferences and any help they need, then arrange an assessment and a suitable demonstration.

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Choose around the person's daily journey

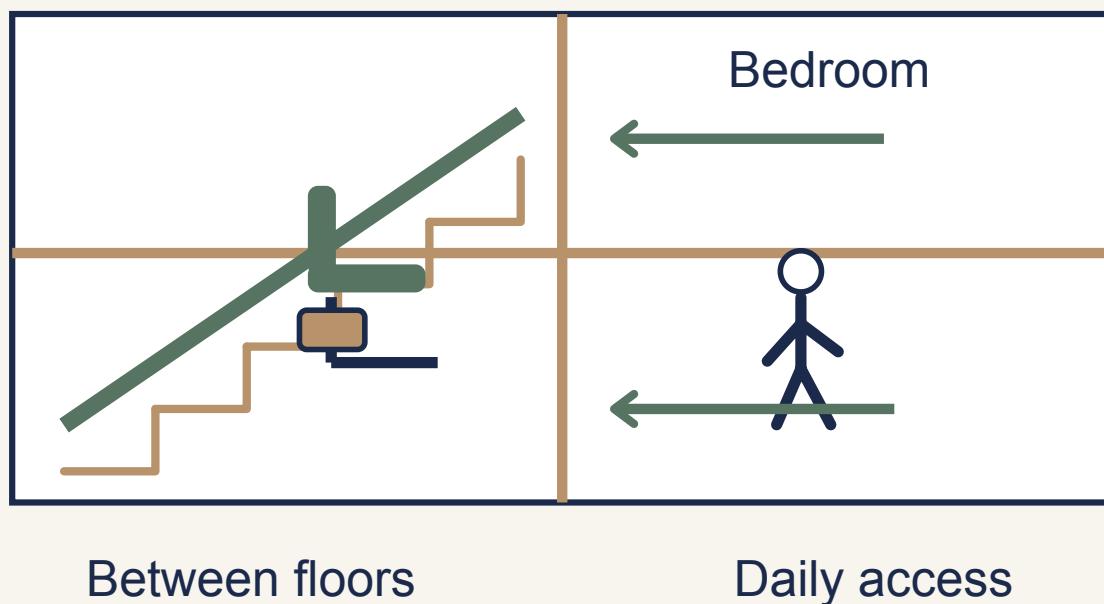


Include the person in the selection

Schematic • not to scale

Involve the intended user when reviewing seating, controls and the daily trip. The drawing represents a discussion, not a clinical suitability result.

When Is It Time to Get a Stairlift?



When stairs interrupt the household's normal routes, the access discussion concerns the whole home.

If a parent avoids the stairs, struggles with transfers or has fallen, discuss the change with them and an appropriate healthcare professional. A [stairlift](#) may help with movement between floors, but it must suit their balance, seating, transfers and ability to use the controls.

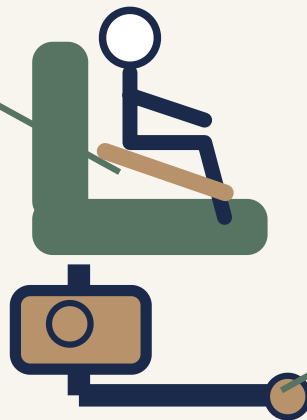
Changes such as gripping both rails, avoiding an upstairs room or moving a bedroom downstairs are reasons to assess the household's access needs. They do not by themselves diagnose a condition or establish that a stairlift is the right solution.

Assess options before access becomes an emergency where possible. Include the parent's preferences and any likely change in support needs. A useful demonstration should cover getting on, travelling and getting off, not simply watching the chair move.

Consider the space left for other stair users as well as whether the chair can fit. [stairlift options for narrow stairs](#) →

Essential Safety Features

Belt + controls



Sensor zones

Demonstrate the selected model

A belt, reachable controls and obstruction detection perform different jobs; ask for a model-specific demonstration.

Safety features vary by model. Have the user try the belt and controls, and ask the installer to explain obstruction protection and its limits. Never test a moving stairlift with a person's body or bypass a safety feature.

At the landing, a suitable swivel and locking arrangement can help the user transfer away from the stair edge. Whether a powered or manual swivel is usable depends on the person and model. Confirm clear space for the actual movement and a safe transfer.

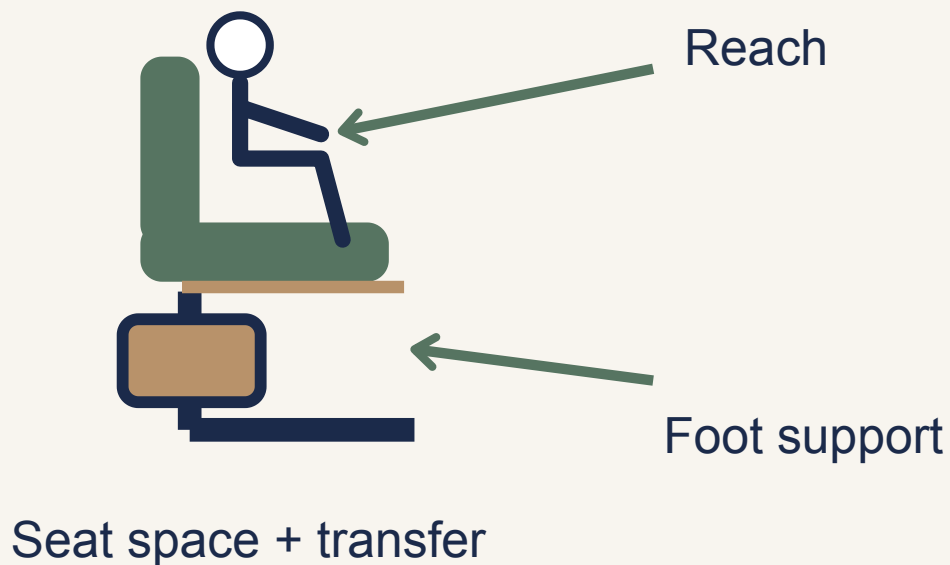
Ask about access controls where children may interact with the equipment, and ensure emergency instructions are understandable from the seat. The installer should demonstrate normal operation and what to do if the lift stops. Do not assume every model includes identical controls.

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Weight Capacity and Seat Comfort



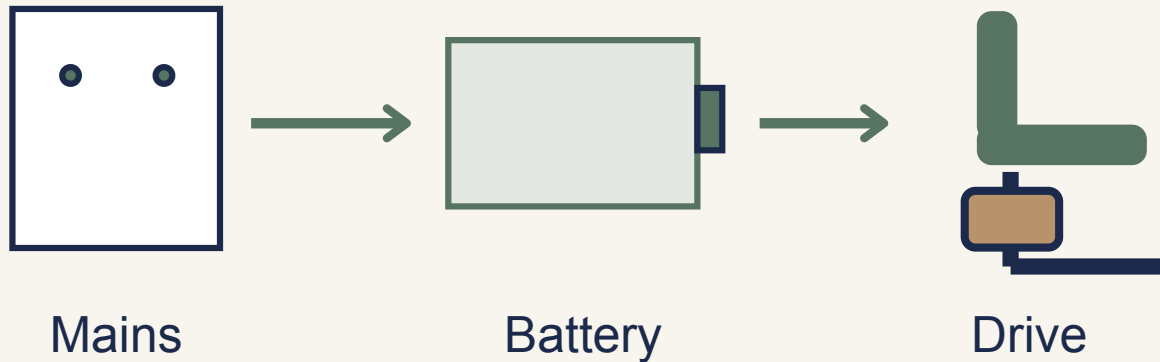
Usable seating includes reach, leg position and the ability to transfer; a weight rating alone cannot show this.

Check the selected model's rated capacity and configuration against the actual user and any permitted items. Never exceed the rating. Body size, seat dimensions and safe transfer matter alongside weight; a higher capacity alone does not guarantee a good fit.

Have the user try the seat, armrests and footrest, including any difficulty bending knees. Check the clearance during travel and at turns. A quoted folded width is not the space the seated person needs while moving.

A perch arrangement is a specialist option requiring a suitability assessment; it is not automatically appropriate for someone with knee pain or poor balance. Involve the relevant healthcare professional where transfers or standing stability are uncertain.

Battery vs Direct Power



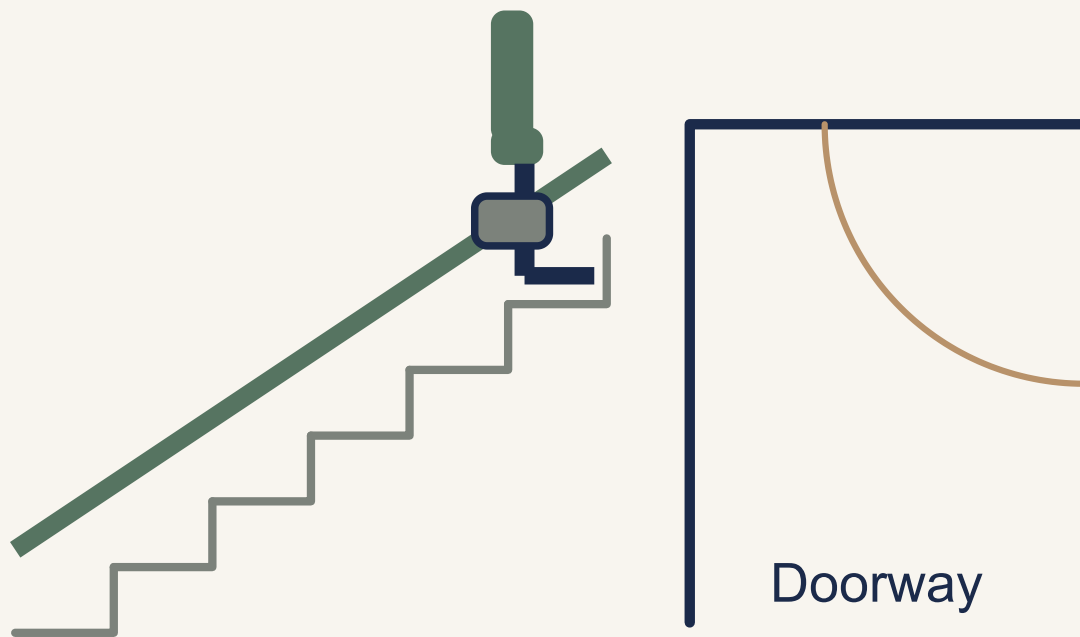
The supply charges the onboard battery, which powers travel; confirm the charging arrangement for the selected model.

Many stairlifts use rechargeable batteries and need to be left in the correct charging position or on the charging rail as specified. Backup travel depends on the model and battery condition. Keep the charger arrangement maintained and follow the owner's instructions.

Ask how the proposed model behaves during a power cut and what happens if it stops mid-flight. The household needs a safe recovery and assistance plan. Do not assume unlimited outage travel or try to get off in an unsafe position.

Installation Considerations for Singapore Homes

A parked stairlift affects doors and routes



Parking affects the rest of the household

Schematic • not to scale

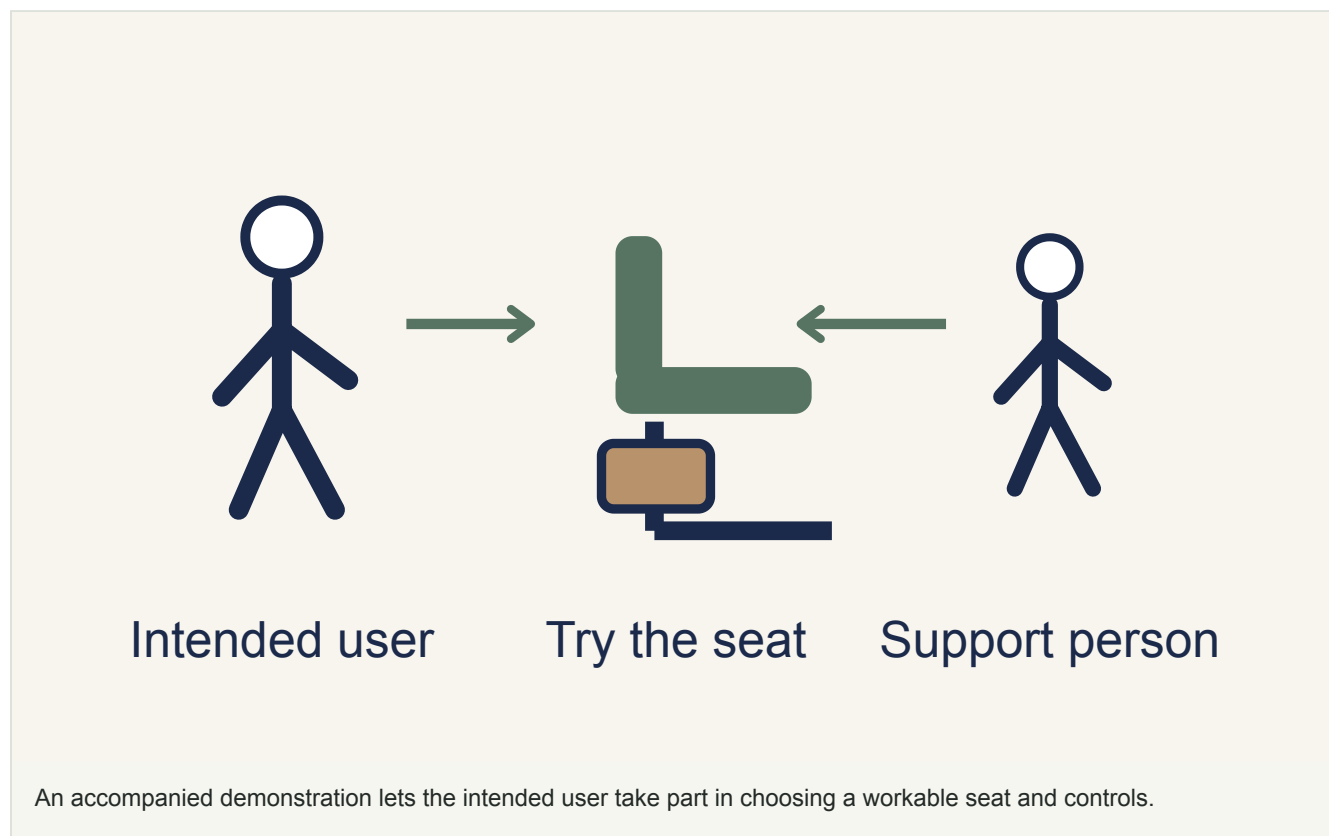
Parking can affect nearby doors and the route used by other people. Include the whole household layout in the survey.

Measure the occupied travel envelope, folded and parked positions, and remaining stair access. A generic stair width or folded-chair dimension cannot establish adequate passing or escape space. Have the installer and responsible professional assess the actual layout.

Rail fixings often connect to the steps, but their substrate and condition still need assessment. Landings, windows and tight turns can limit a viable route. A custom rail cannot solve every geometry without other work.

Consider where the stairlift parks when not in use. At the bottom of the stairs, a folded stairlift shouldn't block a doorway or passage. At the top, it shouldn't create a trip hazard on the landing. A hinged rail section at the bottom can lift the lower portion of the track out of a doorway's path.

Talking to Your Parents About Mobility



Discuss the rooms and activities the parent wants to reach and what currently makes the stairs difficult. Avoid promising risk-free carrying of laundry or other items on a stairlift; follow the model's rules for use. The priority is safe access that the person is willing and able to use.

If possible, arrange a suitable demonstration before committing so your parent can judge the seat, controls and transfers for themselves. Let them explain what feels comfortable and what concerns them. The trial may help identify a workable arrangement, or show that this model or approach does not suit their needs.

Let your parent try the seat and controls, explain what feels comfortable, and decide which options suit them. Once installed, give them time to learn and adjust at their own pace, with the support they want.

Send [DirectHome](https://directhome.com.sg/blog/stairlift-guide-elderly-parents) the staircase route and user's access requirements to discuss a survey. Confirm availability, scope and any charges, including whether a trial or clinical suitability assessment is needed.

More on stairlifts

[Article](#) [Can Two Family Members Use the Same Stairlift?](#)

[Article](#) [Perch Stairlifts: An Option When Sitting Is Difficult?](#)

[Article](#) [Stairlifts in HDB Maisonettes: Approval and Installation](#)

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